



GURU NANAK COLLEGE BUDHLADA

Under the Management of Shiromani Gurdwara Parbandhak Committee, Sri Amritsar Sahib

NAAC ACCREDITED "A++" GRADE

Session
2022-23

Guru Nanak College, Budhlada National Social Scheme Annual Report





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National Service Scheme

National Service Scheme, under the Ministry of Youth Affairs & Sports Govt. of India, popularly known as NSS was launched in Gandhiji's Birth Centenary Year 1969, in 37 Universities involving 40,000 students with primary focus on the development of personality of students through community service. NSS department of the college has been a vibrant and active unit. It has been rendering various services to the society. At present, college has 5 NSS units with 500 volunteers. The overall objective of this scheme is educational and services to community. It is student centred program in which projects are implemented by NSS volunteers.

NSS department organizes various 1-day & 7-days camps every year in which cleanness drives, blood donation camps, various awareness lectures and rallies on social evils are conducted.

The main objectives of National Service Scheme (NSS) are:

1. Understand the community in which they work and identify the needs and problems of the community and involve them in problem-solving
2. Develop among volunteers sense of social and civic responsibility
3. Utilise volunteers knowledge in finding practical solutions to individual and community problems
4. Develop competence required for group-living and sharing of responsibilities
5. Acquire leadership qualities and democratic attitudes.
6. Practise national integration and social harmony



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GURU NANAK COLLEGE, BUDHLADA

Number of extension and outreach programmes conducted in collaboration with Industry, Community and Non-Government organisations: 2022-23

Sr. No.	Title of the Activities	Date	Organising unit/agency/collaborating agency	Number of teachers co-ordinated such activities	Number of students participated in such activities
1	Blood Donation Camp	24-08-2022	NSS and Red Ribbon Club	06	150
2	Registration of Volunteers	02-09-2022	NSS and Red Ribbon Club	05	500
3	7 Day NSS Camp	13-02-2023 to 19-02-2023	NSS	05	300
4	Tree Plantation Campaign	04-10-2023	NSS and Red Ribbon Club	03	15
5	Tree Plantation and Bird Nesting Drive	05-06-2023	NSS and Red Ribbon Club	03	30
6	Guest Lecture on importance of Blood Donation (Celebrating World Blood Day)	14-06-2023	NSS and Red Ribbon Club	04	120
7	Pledge Campaign and Guest lecture on INTERNATIONAL Day Against Drug Abuse	26-06-2023	NSS and Red Ribbon Club	05	130
8	Free Food Distribution and Rescue Operation in Food Affected Areas	10-06-2023 to 16-6-2023	NSS and Red Ribbon Club	03	30

1. Registration of NSS Volunteers for the Session 2022-23.

Every year as per requirement of NSS department Punjabi University, Patiala, Guru Nanak College, Budhlada requires registering 5 Unit voluntarily (500 students) with NSS Department, Punjabi University, Patiala. In 2021-22 on 02/9/2022 NSS Cell of Guru Nanak College, Budhlada started the voluntary registration process and get registered 500 students from different departments, different courses with required male-female number ratios. The attached registration Data has all basic details of all registered students with NSS Cell of Guru Nanak College, Budhlada. In the session 2022-23 total 308 male and 192 female students get registered with NSS Cell, Guru Nanak College, Budhlada.



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NSS coordinator along with other NSS officers Assistant Professor Gurdeep Singh, Dr. Gurjas Kaur, Assistant Professor Manisha and Assistant Professor Simranjeet Singh and Dr. Rishi conducted an orientation program for the newly Admitted students about various achievements of NSS Cell and explained about the activities conducted by the NSS Cell such as College Beautification, NSS camps, Social Awareness against Drugs, Stubble burning, Blood Donation etc.

2. Organised a Blood donation camp

Dated 24th August, 2022, NSS cell and Red Ribbon Club of Guru Nanak College Budhlada with the celebration of Youth Services, Mansa organised a blood donation camp at Guru Nanak College, Budhlada campus. In this lecture Assistant Director of Youth Services, Mansa Mr. Ragubir Singh was the chief guest. Total 26 units of blood have donated by college students as well teachers.



Figure 1: Brochure of the blood donation camp.

Photographs:



Figure 2: Blood Donation Registration Desk.



Figure 3: Students during registration for Blood Donation.



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Figure 4: Volunteers donating blood during camp.



Figure 5: NSS cell honoring the Medical Team.

ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਬੁਢਲਾਡਾ ਦੇ ਰਾਸ਼ਟਰੀ ਸੇਵਾ ਯੋਜਨਾ ਵਿਭਾਗ ਵੱਲੋਂ ਵਿਸ਼ੇਸ਼ ਲੈਕਚਰ ਅਤੇ ਖੂਨਦਾਨ ਕੈਂਪ ਲਗਾਇਆ

(ਗੁਰਵਿੰਦਰ ਸਿੰਘ ਚਹਿਲ/ਚੈਕ ਪੋਸਟ)
ਹਰਿ ਪੁਰਦਾ।

ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਬੁਢਲਾਡਾ ਦੇ ਰਾਸ਼ਟਰੀ ਸੇਵਾ ਯੋਜਨਾ ਵਿਭਾਗ ਅਤੇ ਰੋਡ ਰਿਬਨ ਕਲੱਬ ਵੱਲੋਂ ਯੁਵਕ ਸੇਵਾਵਾਂ ਮਾਨਸਾ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਖੂਨਦਾਨ ਦੀ ਮਹੱਤਤਾ ਸਬੰਧੀ ਵਿਸ਼ੇਸ਼ ਲੈਕਚਰ ਅਤੇ ਖੂਨਦਾਨ ਕੈਂਪ ਲਗਾਇਆ ਗਿਆ। ਇਸ ਸਮੇਂ ਖੂਨਦਾਨ ਕੈਂਪ ਦਾ ਉਦਘਾਟਨ ਕਾਰਜਕਾਰੀ ਪ੍ਰਿੰਸੀਪਲ ਪ੍ਰਫੇਸਰ ਬਿਕਰਮਜੀਤ ਸਿੰਘ ਅਤੇ ਯੁਵਕ ਸੇਵਾਵਾਂ ਵਿਭਾਗ ਮਾਨਸਾ ਦੇ ਸਹਾਇਕ

ਵੱਲੋਂ 'ਖੇਡਾਂ ਵਰਤਨ ਪੰਜਾਬ ਦੀਆਂ' ਪ੍ਰੋਗਰਾਮ ਤਹਿਤ ਸਾਰੇ ਜ਼ਿਲ੍ਹਿਆਂ ਵਿੱਚ ਖੇਡਾਂ ਕਰਵਾਉਣੀਆਂ ਹਨ, ਉਨ੍ਹਾਂ ਵਿੱਚ ਵੱਧ ਤੋਂ ਵੱਧ ਭਾਗ ਲੈਣਾ ਚਾਹੀਦਾ ਹੈ। ਸਟੇਟ ਅਵਾਰਡੀ ਰਜਿਸਟਰ ਵਰਮਾ ਨੇ

ਸਰੀਰ ਤੇਜ਼ਰੂਪਤਾ ਹੁੰਦਾ ਹੈ। ਇਸ ਕੈਂਪ ਵਿੱਚ ਸਿਵਲ ਹਸਪਤਾਲ ਮਾਨਸਾ ਤੋਂ ਵਿਸ਼ੇਸ਼ ਟੀਮ ਡਾ. ਹਿਮਾਂਸ਼ੀ, ਅਮਨ ਸਿੰਘ, ਪ੍ਰਗਟ ਸਿੰਘ ਮੌਜੂਦ ਸਨ। ਇਸ ਕੈਂਪ ਵਿੱਚ 26 ਯੂਨਿਟ ਖੂਨਦਾਨ ਕੀਤਾ ਗਿਆ। ਇਸ ਵਿੱਚ ਵਿਸ਼ੇਸ਼ ਤੌਰ ਤੇ ਸੰਸਥਾ ਦੇ ਪ੍ਰੋਫੈਸਰ ਅਨੰਦ ਵਰਧਨ, ਡਾ. ਸ਼ਰਵਣ ਕੁਮਾਰ, ਡਾ. ਇੰਦਰਜੀਤ ਸਿੰਘ, ਡਾ. ਰਿਸ਼ੀ ਕੁਮਾਰ, ਪ੍ਰੋਫੈਸਰ ਧਰਮਿੰਦਰ ਸਿੰਘ, ਪ੍ਰੋਫੈਸਰ ਅਮਨ ਕੁਮਾਰ, ਸ. ਅਮਨਪ੍ਰੀਤ ਸਿੰਘ ਅਤੇ ਜਸਵੰਤ ਸਿੰਘ ਨੇ ਖੂਨਦਾਨ ਕੀਤਾ। ਇਸ



ਡਾਇਰੈਕਟਰ ਰਾਮਵੀਰ ਸਿੰਘ ਮਾਨ ਨੇ ਕੀਤਾ। ਰਾਮਵੀਰ ਸਿੰਘ ਮਾਨ ਨੇ ਆਪਣੇ ਭਾਸ਼ਣ 'ਚ ਕਿਹਾ ਕਿ ਦੁਨੀਆਂ 'ਚ ਹਜ਼ਾਰਾਂ ਵਿਗਿਆਨੀ ਪੈਦਾ ਹੋਏ ਹਨ ਪਰ ਅੱਜ ਤੱਕ ਕੋਈ ਵੀ ਖੂਨ ਦੀ ਇੱਕ ਬੂੰਦ ਵੀ ਪੈਦਾ ਨਹੀਂ ਕਰ ਸਕਿਆ। ਸਾਨੂੰ ਖੂਨ ਦਾਨੀਆਂ ਵਿੱਚ ਸ਼ਾਮਲ ਹੋਣਾ ਚਾਹੀਦਾ ਹੈ, ਨਾ ਕਿ ਮੇਰੇ ਵਾਲਿਆਂ ਵਿੱਚ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਇਨ੍ਹੀ ਦਿਨੀਂ ਪੰਜਾਬ ਸਰਕਾਰ

ਰਾਸ਼ਟਰੀ ਸੇਵਾ ਯੋਜਨਾ ਵਿਭਾਗ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਭਾਸ਼ਣ ਦਿੰਦਿਆਂ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਵੱਧ ਤੋਂ ਵੱਧ ਖੂਨਦਾਨ ਕਰਨ ਲਈ ਪ੍ਰੇਰਿਆ। ਪ੍ਰਿੰਸੀਪਲ ਬਿਕਰਮਜੀਤ ਸਿੰਘ ਨੇ ਖੂਨਦਾਨੀਆਂ ਦੀ ਹੌਸਲਾ ਹਫ਼ਜ਼ਾਈ ਕਰਦਿਆਂ ਖੁਦ ਇੱਕ ਯੂਨਿਟ ਦਾਨ ਦੇ ਕੇ ਮਿਸ਼ਾਲ ਪੈਦਾ ਕੀਤੀ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਮੈਂ ਇਸ ਤੋਂ ਪਹਿਲਾਂ ਕਈ ਵਾਰ ਖੂਨਦਾਨ ਕੀਤਾ ਹੈ ਅਤੇ ਖੂਨ ਦਾਨ ਤੋਂ ਬਾਅਦ

ਮੇਰੇ ਡਾ. ਸੁਖਵਿੰਦਰ ਕੌਰ, ਡਾ. ਕੁਲਵੰਤ ਸਿੰਘ, ਡਾ. ਰਾਜਨਦੀਪ ਕੌਰ, ਡਾ. ਰੁਪਿੰਦਰ ਕੌਰ, ਪ੍ਰੋਫੈਸਰ ਕੁਲਬੀਰ ਕੌਰ, ਅਤੇ ਪ੍ਰੋਗਰਾਮ ਅਫਸਰ ਡਾ. ਗੁਰਜਸਜੀਤ ਕੌਰ, ਪ੍ਰੋਫੈਸਰ ਮਨੀਸ਼ਾ ਰਾਣੀ, ਡਾ. ਰਿਸ਼ੀ, ਪ੍ਰੋਫੈਸਰ ਸਿਮਰਨਜੀਤ ਸਿੰਘ ਅਤੇ ਤਿੰਪਲ ਫਰਮਾਹੀ ਸ਼ਾਮਲ ਸਨ। ਇਸ ਮੌਕੇ ਧੰਨਵਾਦ ਅਤੇ ਮੋਹ ਸੰਚਾਲਨ ਪ੍ਰੋਗਰਾਮ ਅਫਸਰ ਗੁਰਦੀਪ ਸਿੰਘ ਨੇ ਕੀਤਾ।

Figure 6: News Coverage of Blood Donation Camp.

3. 7 Day NSS Camp (13-02-2023 to 19-02-2023)

In February 13 to 19, 2023 Guru Nanak College, Budhlada organized 7 day NSS Camp for NSS volunteers. During the seven-day camp, participants engage in various activities aimed at addressing local issues and promoting sustainable development. Some common activities include: Plantation drives and afforestation initiatives, Organizing sports events and cultural programs to promote unity and harmony between communities, Swachh Bharat Abhiyan (cleanliness drives), Motivational talks and workshops, Selfless service and voluntary work, Cultural performances and competitions. Through these activities, NSS volunteers gain practical experience, learn new skills, and acquire knowledge about various aspects of society and its challenges. They also form strong bonds with their fellow volunteers and establish meaningful connections with members of the communities they serve.

Overall, the seven-day NSS camp provides a unique opportunity for youth to contribute positively towards national development while simultaneously enhancing their own personal growth and learning experiences. By participating in this program, students can become more aware of societal problems, develop empathy and compassion for others, and cultivate essential life skills such as leadership, communication, and problem-solving abilities. As a result, the NSS camp plays a vital role in shaping responsible citizens who are committed to making a positive impact on society.



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4. Tree Plantation and Bird Nesting Drive .

On 5th June, 2023 NSS Cell and Red Ribbon club of Guru Nanak College, Budhlada started the Tree Plantation and Bird Nesting Drive to make the surrounding of the college green and clean. Under this drive 5 trees were planted around the boundary wall of the college and 10 Bird Nests were hanged in college campus. During this tree plantation event 30 NSS Volunteers and 3 NSS programmer officer were present.



Figure 7: NSS Volunteers planted tree in the college premises



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Figure 8: NSS Programmer officers and Volunteers hanged Bird Nests.



Figure 2: News Coverage of the Activity.

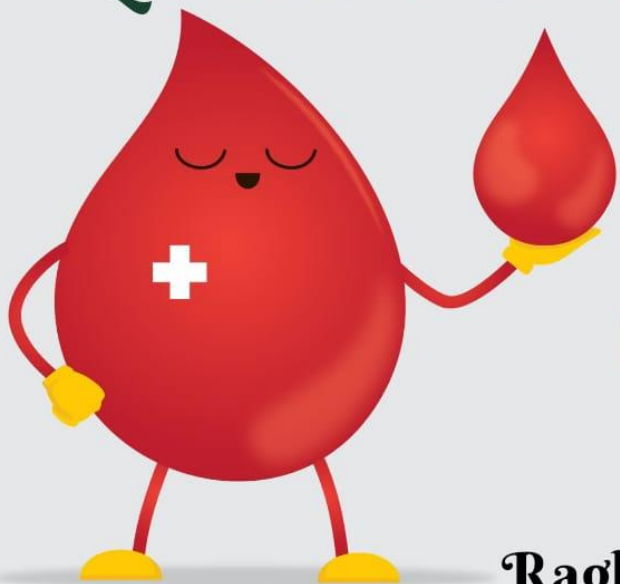
5. Guest Lecture on "importance of Blood Donation (Celebrating World Blood Day)"

On dated 14th June, 2023, a guest lecture organised by NSS cell of Guru Nanak College, Budhlada on the topic of "importance of Blood Donation. In this lecture Dr. Shaina Goyal talked about the significance of Blood Donation in our life and urge the students to donate blood. Total 120 students and 4 NSS officers were attended the lecture.

Guru Nanak College Budhlada

NSS Department

Lecture on Blood Donation



It is always helpful when people realize the need to donate blood.

Happy
WORLD
BLOOD DONOR
DAY

14th June

Raghuveer Singh Maan,
Director National Youth
Department

Dr. Shaina Goyal

Guru Nanak College Budhlada



  .

Figure 9 : Brochure of Guest lecture on Blood Donation.



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Figure Students attending the lecture.



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6. Pledge Campaign and Guest lecture on INTERNATIONAL Day Against Drug Abuse

A guest lecture dated 26/06/2023 organised by the NSS cell of Guru Nanak College, Budhlada to celebrate **INTERNATIONAL Day Against Drug Abuse**. Sh. Raghbeer Singh Maan (Director Youth Welfare, Mansa) were the main speaker and he talked about the negative effect of Drug abuse in our life and also shared valuable information regarding the impact of drug abuse on our health and body. Total 130 students and 05 faculty members attended this lecture.



**ਰੈੱਡ ਰਿਬਨ ਕਲੱਬ ਅਤੇ
ਕੌਮੀ ਸੇਵਾ ਯੋਜਨਾ ਵਿਭਾਗ
ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ, ਬੁਢਲਾਡਾ
ਵੱਲੋਂ**

26 ਜੂਨ, 2023

ਨਸ਼ਾ ਮੁਕਤੀ ਅਭਿਆਨ ਸਕੀਮ ਤਹਿਤ

**INTERNATIONAL DAY AGAINST DRUG ABUSE
& IICIT TRAFFICKING**

**ਮੌਕੇ
ਵਿਸ਼ੇਸ਼ ਲੈਕਚਰ
ਅਤੇ
ਨਸ਼ਾ ਬੰਦ ਕਰਵਾਉਣ ਲਈ ਸਹੁੰ ਪ੍ਰੋਗਰਾਮ**

Figure 10 : Brochure of Guest lecture.

7. Free Food Distribution and Rescue Operation in Food Affected Areas

College students and NSS Programmer Officer A.P Gurdeep Singh helped the community in flood-affected areas by providing support services and collecting food, clothing, and medicines. Guru Nanak College, Budhlada has extended a helping hand to the local community in the wake of recent flooding, while 30 students from the college participated in a special drive to collect essential items for flood-hit Mansa, Punjab





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